

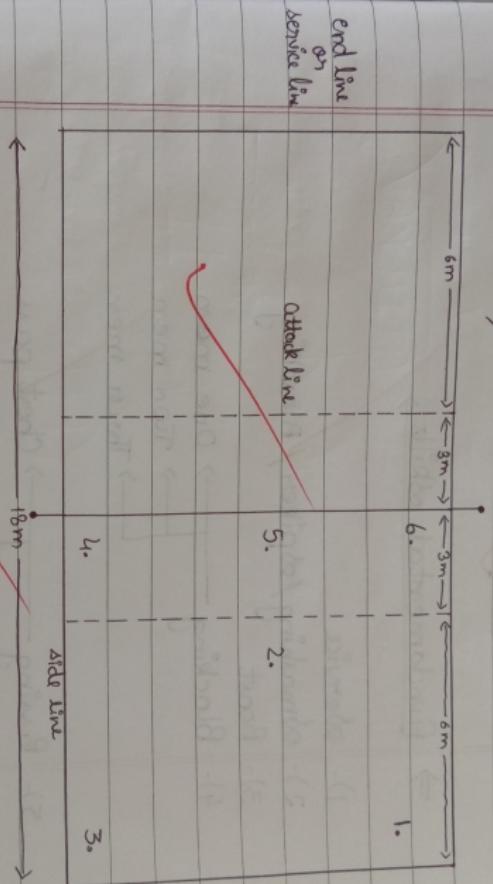
06/07/19

Date: _____ Page: _____

Volley Ball

William G Morgan - 1895

Measurement



- length of court → 18m
- width of court → 9m
- length of Net → 9.5-10m
- width of Net → 1m
- Net → 10x10m
- No. of players → 6
- No. of players in a team → 12
- substitute players → 6m
- service Area → 9m
- Antenna → 18m

Weight of volleyball → 1.8m
Circumference → 260-280gm
Height of net for men → 65-67cm
Height of net for women → 2.24m
Colour → Multicolor

⇒ Fundamental skills →

- 1)- Service
- 2)- Smashing / Spiker / Attacking
- 3)- Boost
- 4)- Blocking
 - One man
 - Two men
 - Three men
- 5)- Passing
 - Chest pass
 - Over head pass

⇒ Types of service →

- 1)- Tennis
- 2)- Smashing
- 3)- Under Arm
- 4)- Round Arm

Official - 1 Referee, 1 Umpire
2 line men, 2 scorers

→ * No. of set in a game → 5 sets
* 4 set → 25 points
* 1 set → 15 points
* Height of pole → 2.55m

~~P1221
15/7/19~~



Shot on Y83 Pro
vivo dual camera